



DAFFODILS TOASTMASTERS CLUB

**NEWSLETTER FOR THE TERM
JULY-DECEMBER 2019**



"CHANGING CURRENTS"

#REMEMBERWHY

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1. FROM THE EDITOR'S DESK

-TM AASHISH M

With time people change, trend changes, way of living changes but if those changes are identical for each one of us, there will be no advancements and development in the world. There will be no progress if we go with the currents. Many scientific discoveries were also a result of thinking in a different way from the masses. The newsletter's theme

Changing Currents throws light on this need of deviation from the mass mentality.

This holds good in the Toastmasters world as well. The system of Pathways, sets a different path to each Toastmaster so that he can make progress in the areas of his choice. The skillset requirement varies and thus, the path also differs. This newsletter has a few unique set of contributions such as travel experiences, brilliant pieces of art, speechcraft experiences and much more. A detailed interview from the World Champion of Public Speaking 2019, is one part you just cannot miss. Articles, comic strips, club meetings, club progress, amazing pictures- Find out everything we have in store for you. My utmost gratitude to all those who contributed to the newsletter. Have a great read, have fun along the way and take away a truckload of learnings!



2. FROM THE PRESIDENT'S DESK

-TM ANISH D'SOUZA

"Enter only during the applause", the door read. I wondered -

1. "When I hear the applause, should I open the door myself, or am I supposed to wait for someone to open the door?"

2. "When I enter, will there be a 50 people looking at me? Oh, I hate too much attention."



I remember the day when I stepped into Daffodils Toastmasters Club for the first time. It was raining heavily. I was late. I was overwhelmed. The meetings then were held in Rotary club, Malleswaram. There were no sign boards put up, except one on the door that read "Enter only during the applause."

I pressed my ears against the door, I heard complete silence. I thought "Oh, maybe there's nobody, maybe I'm at the wrong place". I thought of turning back and going home. However I decided to wait, I waited for 6 minutes, then luckily I heard it, there was an applause, and someone opened the door. Weirdly all the lights were off, except for a lantern that lit up the stage for the speaker. I thought - "Ohhhh, maybe this must be the way the meetings are conducted - with lights turned off". How wrong was I. I realised it only when the power came back and I saw nearly 40 people sitting in the room. Looking at the number of people in the room, I promised I'll never come back. Years have passed since then, I've given speeches, I've forgotten speeches, I've participated in contests - I've lost, I've won. I've volunteered, I've taken Committee roles. There's was also a time when I didn't come to the club for a long time. There were ups and downs, but I sailed through the journey.

And this is what I learnt:

Belong : We all come from different stages of life, but there's one stage we all have in common, one stage to which we all belong, and that is the stage we all stand on to deliver our speeches as Toastmasters.

Believe: Everytime I stand on the stage, I'm still afraid. Afraid that I would forget, afraid that I would fail. But then, I've learnt that it's ok to be afraid. To be afraid and believe that you can do it anyway.

Become a Champion: "Champions are not the ones who win competitions, champions are the ones who get out there and try, and try harder next time. 'Champion' is a state of mind". - Simon Sinek

At Daffodils, every time we walk the aisle to the stage, every time we hear the applause of our members, we feel like a Champion. And that's why we call ourselves the House of Champions. I believe it is because we belong to each other, that we believe in one another, that makes us a champion all together.

Today when I look back I'm glad I came to that door, I'm glad I entered that dark room, and I'm glad I became a member of Daffodils Toastmasters Club.

Belong. Believe. Become.

Once a Daffodilian, always a Daffodilian!

3. FROM THE DIRECTORS DESK

DTM VANITHA RANGARAJAN CLUB GROWTH DIRECTOR, D92 A

Right from paying our bills, to buying vegetables, to making new friends and finding love, everything happens online. We are living at the peak of a digital era, that has truly changed the way we live! Every successful leader/company today has one common trait - they have embraced this era of changing times and moved from paper to electronic media. To improve, is to change. So to be perfect, one needs to have changed often. How often have you changed ? I can say for sure, that this non-profit organization that binds us together, has adapted so well to the changing currents of the digital era. The Pathways program, self-paced like the traditional program, caters to the needs of all kinds of people in a medium that is the new future! Where else, could you learn the nuances of not just public speaking, but also of managing events, creating a podcast, hosting an interview, writing a blog etc.



A typical meeting at Daffodils is the coming together of so many people, who put in their 100% to make any meeting not just memorable but also life-changing! Daffodilians, while we embrace the power of the internet, let's it not take us away from the real connections that we make at our Toastmaster meetings, before and after! While we explore the Pathways program to make ourselves better speakers and better leaders, let us remember that no matter, how much times change, people will always be the MOST precious commodity! Always ! Let's keep the connections alive!

DTM SAGNIK BISWAS, CLUB GROWTH DIRECTOR, D92 B

"ADAPT OR DIE"

A far too common an adage, quoted often with elan by many people but the question that eludes us, how many of us will actually ride the tides of change that life throws at us in general, and adapt and succeed? In my Toastmasters journey, I have experienced rapid changes coursing through this journey. There were



times when the mind was adaptive, and sometimes the tongue was rebellious. Our minds and mouths battle each other everyday, and as we experience change, the right way would be to take a calm moment for us to think and ask the question - do we change as the situations demand, or do we stay put in our place, and become extinct.

It's a tough choice, and with sweeping changes in the world, let's ask our conscience what is the right thing to do. As leaders, we come across situations where the vox populi might not align with our thought. It is in these moments, we ask ourselves the question, who are we serving and what can we do to make their lives easier day to day.

I implore you to think the same way, as club officers, mentors, leaders and Toastmasters. When the current is upon us, do we get washed away, or do we pick up the surfboard to soar?

As I sign off, hope to see you all ride the surfboard as we chart history in this year and the years to come, as District 92.

4. ABOUT TOASTMASTERS INTERNATIONAL

What is Toastmasters? Toastmasters International is a non-profit educational organization that teaches public speaking and leadership skills through a worldwide network of clubs. Headquartered in Englewood, Colo., the organization's membership exceeds 358,000 in more than 16,800 clubs in 143 countries. Since 1924, Toastmasters International has helped people from diverse backgrounds become more confident speakers, communicators, and leaders.



RALPH C. SMEDLEY

Founder of Toastmasters International

385,000+
MEMBERS

143
COUNTRIES

16,800+
CLUBS

Club Mission- TI provides a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

TOASTMASTERS INTERNATIONAL CORE VALUES



- Integrity
- Respect
- Service
- Excellence

A Typical Toastmasters Meeting

A Toastmasters meeting is a learn-by-doing workshop. The members hone their speaking and leadership skills in a no-pressure atmosphere. They will learn communication skills with the help of the *Competent Communication* manual, a series of 10 self-paced speaking assignments designed to instill a basic foundation in public speaking. Now there is a switch to **Pathways**. Apart from communication skills, they will also learn leadership skills by taking on various meeting roles with the help of the *Competent Leadership* manual. There are no instructors in a Toastmasters meeting. Instead, members evaluate one another's presentations thus making it more enjoyable! This feedback process is a key part of the program's success.

By joining Toastmasters and with active participation you will learn to communicate more effectively, become a better listener, improve your presentation skills and increase your leadership potential.

5. KNOW ALL ABOUT DAFFODILS!

Daffodils Toastmasters Club was chartered on 12th June 2003 and is a community club based in Malleshwaram. We are part of Area L1, Division L, District 92 of Toastmasters International. Daffodils has been distinguished ever since inception and our biggest testimony comes from the, then Executive Director of TMI, **Daniel Rex** who termed Daffodils as "The Best Club in the World"

With #RememberWhy as our tagline, we shall carry on the legacy of Daffodils Toastmasters forever.

HOW TO REACH US?

Address: No 9, Fourth Floor, Dr K.P Nayak's Residence, 1st Cross, Sampige Road, Malleshwaram, Bangalore - 560003

Ph No: +91 9886678704

SOCIAL MEDIA HANDLES

 /DAFFODDILSTOASTMASTERS

 @DAFFODDILSTMC

 @DAFFODDILS_TMC

 DAFFODDILS TOASTMASTERS



"THE BEST CLUB IN
THE WORLD"



**Daniel Rex, CEO,
TMI**

6. MEET THE COMMITTEE



PRESIDENT
TM ANISH D'SOUZA



IPP
TM SHREENIDHI M




VPE
TM UMANATH K T

ASSOCIATES
TM KRUSHNA B
TM KESHAV N



VPM
TM ADITYA MAMIDI

ASSOCIATES
TM AMRUTHA C



VPPR
TM AASHISH M



SECRETARY
TM SRIDHAR T

ASSOCIATES
TM SIRI LATHA S



SAA
TM SARAVANA K

ASSOCIATES
TM KISHORE P V
TM BHIMSEN



TREASURER
TM CHETHAN K

7. WHAT'S OUR DCP STATUS?

0001766 Daffodils Toastmasters Club

Club Alignment	
Region	13
District	92
Division	L
Area	04

Membership	
Base	To Date
67	65
Required 20	
20 members or a net growth of 5 new members	

Goals	
Goals Met	6
Distinguished	5
Select Distinguished	7
President's Distinguished	9

Goals to Achieve		Goal	To Date	Status
Education (A maximum of 6 will count toward DCP credit.)				
1	Competent Communicator (CC) awards	2	0	2 CCs needed
2	More Competent Communicator (CC) awards	2	0	2 CCs needed
3	Advanced Communicator (ACB, ACS, ACG) awards	1	0	1 AC needed
4	More Advanced Communicator (ACB, ACS, ACG) awards	1	0	1 AC needed
5	Leadership Awards (CL, ALB, ALS) or Distinguished Toastmaster (DTM) award	1	1	✓
6	More CL, ALB, ALS, or DTM award	1	1	✓
P1	Level 1 awards <i>All Pathways education awards must be submitted in both Base Camp and Club Central</i>	4	7	✓
P2	Level 2 awards <i>All Pathways education awards must be submitted in both Base Camp and Club Central</i>	2	0	2 Level 2s needed
P3	More Level 2 awards <i>All Pathways education awards must be submitted in both Base Camp and Club Central</i>	2	0	2 Level 2s needed
P4	Level 3 awards <i>All Pathways education awards must be submitted in both Base Camp and Club Central</i>	2	0	2 Level 3s needed
P5	Level 4 awards <i>All Pathways education awards must be submitted in both Base Camp and Club Central</i>	1	0	1 Level 4 needed
P6	Level 5 awards <i>All Pathways education awards must be submitted in both Base Camp and Club Central</i>	1	0	1 Level 5 needed
Membership				
7	New members	4	4	✓
8	More new members	4	13	✓
Training				
9	Club officers trained June-August	4	7	First Training Period Achieved
	Club officers trained December-February	4	0	Second Training Period 4 needed
Administration				
10	Membership-renewal dues on time	Y	1	✓
	Club officer list on time	Y	2	

On our way to achieve the Distinguished status for the 13th year in a row!

8. AWARDS AND MEMBER SPOTLIGHT

SMEDLEY AWARD

Daffodils is the proud recipient of the Smedley’s Award for adding five new or reinstated members between August 1 and September 30. The award named in honor of Ralph Smedley is currently displayed in our club’s banner.



MEMBERS SPOTLIGHT

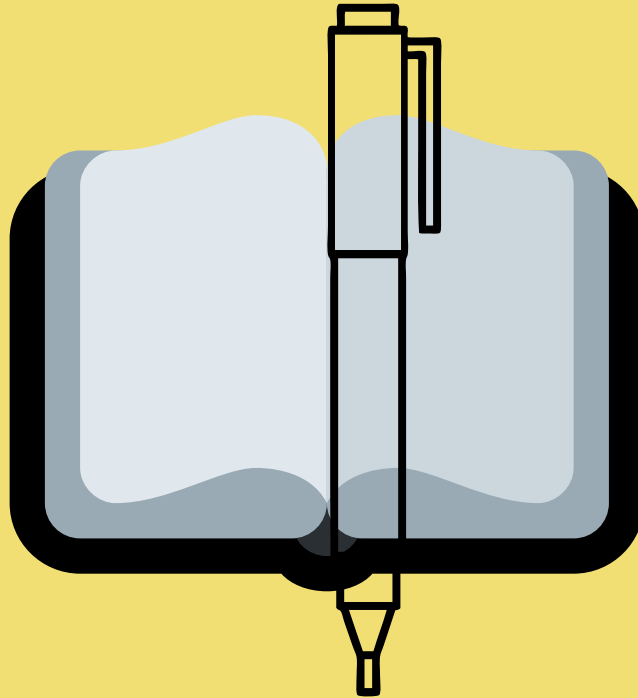
TMOM- Toastmaster of the Month

MOM- Mentor of the Month

RT- Role Taker (Bi-Monthly Award)

	TMOM	MOM	RT
JULY	DTM DR. ASHOK NAYAK	TM PRANAB SINGH	TM RAVI KUMAR
AUGUST	TM PARIKSHIT V	TM PRANAB SINGH	
SEPTEMBER	TM SHREENIDHI M	TM MADHU SUDHAN	TM RAVI KUMAR
OCTOBER	TM SHRIYANKA RAO	TM PRANAB SINGH	
NOVEMBER	TM AKSHAY HARISH	TM SHRIYANKA RAO	TM JEEVAN
DECEMBER	TM MANJUNATH	DTM KUMARAN M P	

9. ARTICLE ZONE



WHOSE SIDE ARE YOU ON?

-TM MADHU SUDHAN

In the game of life, whose side are you on? Fate or destiny? As your thoughts wander, let me fill your mind, with my thoughts. It was that phase of my life, parents, teachers, cousins and even my neighbors said, “Score well in the board exams, your future is taken care” (basically opening the flood gates of uncalled, unwarranted, unnecessary advice).



All I truly cared was my exams to get over. Soon enough it did.. The feeling of finishing an exam, sailing through results is unmatched and priceless, until someone drops the anchor on your voyage by saying “Get into a good college, your future is taken care”. RVCE, PESIT, and BMS were the options in front of me, so was SESHADRIPURAM College, the closest to my house (option in front of me, literally). Drowning in advice, I asked myself “My life, is it pre determined or do I have a say in it?”.

My loving mother suggested we meet our family astrologer (modern day career counselor) and check my horoscope. (read it as horror scope). I drifted into my the lines of palms and the lines long long ago, scribbled on a sheet of paper, with all the 9 planets in the solar system, having a say on my life. (back then, Pluto was consider a planet). After thorough analysis, I was told I will choose a career that involves problem solving, analytical thinking and that pays me well. “Engineering” my mom concluded and the astrologer nodded and I, had no say.

My father, eagerly waited to see if his wife (my mother) was not around and suggested “why don’t you write a few entrance exams?”

and handed a form to fill. I had given all the possible Engineering entrance exams. CET, AIEEE, IIT, Comed K, an NIT For the first time, I saw the letters re arrange themselves to form a new word , CLAT – Common Law Admission Test. Law was never an option, because I was never given a choice. I filed the form, studied hard and guess what, I did not clear the exam, but I had received clarity.

To pursue law, I applied to various colleges. All this while my loving mother prayed I got back to Engineering (she also made several visits to the astrologer), She prayed to Lord Ram, Krishna and even Christ! I guess Christ was pleased the most. I cleared the entrance exam for law and got enrolled into Christ University, for Law! It's been 5 years since I took the side of destiny.

We live in an age where, building our houses require the approval of Vasthu and then our Architect and Engineers! Marriages require the approval of our priests and not the bride and groom. And our career requires the approval of heavenly planets far far away from us.

Pause and look at the lines in yours hands (do it now), there are several lines criss-crossing each other. Did you analyze your life line, marriage line and fate line? We feel our lives life are set and you end up taking the side of fate. But hey, what about people who do not have hands. Whose side should they take?

Fate is what you are born with....Destiny is what you make out of it. Go ahead and play the game of life – but before that---whose side are you on?



ECHO FROM THE ARTICLE

“
Fate is what you are born with.
Destiny is what you make out of
it”

DARE TO BE DIFFERENT

-TM KISHAN KUMAR

Every human being that has ever lived, or ever will live, is unique. You are truly one of a kind. We all know that we, as humans, share the usual bits and pieces that most of us have in common, such as certain essential body parts – a head, a heart, a brain, and so on. But the similarity ends there.



Your life experiences thus far have made you the person you are today. The way you were brought up by your parents and the things that you learned in your childhood have come together to make you different from everyone else. You may have learned some things in a similar way to other children, such as having respect for your fellow man, the need to “clean up your room!”, or to brush your teeth twice a day, and so on. Yet you will have also learned many things that other children did not, such as how to care for a rabbit, or play a musical instrument, or solve complicated math equations.

It is the combination of everything that you have learned and the various things that you have done that make you truly different from everyone else on this planet. Others may share some of your talents and abilities, but there is no one who is identical to you. It is rather like an artist painting a picture; even if another artist were to copy the picture as closely as possible it would never be identical. Different brush strokes or combinations of paint would have been used, and each masterpiece is its own.

So since you are unique, why not celebrate that fact? Dare to be your own person and disregard what others may think.

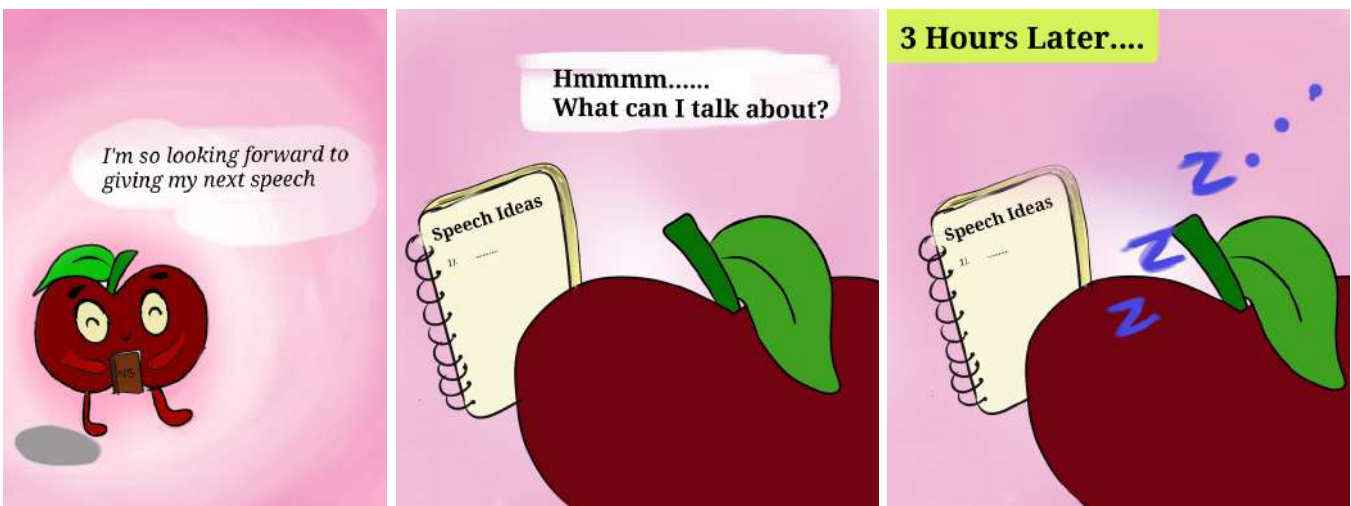
“Be daring, be different, be impractical, be anything that will assert integrity of purpose and imaginative vision against the play-it-safe, the creatures of the commonplace, the slaves of the ordinary.” -**Cecil Beaton**

ECHO FROM THE ARTICLE

”

Dare to be your own person and disregard what others may think.

”



COMIC STRIP BY TM CHHAYA AND TM AKSHAY

IT TAKES ONLY ONE

-TM AMRUTHA CHANDROTH

It was the time of my school summer break, exams had just ended. I was relaxed, watching the day go by on a lazy Sunday morning. My palm held on to the dusty window grill mom had been asking me to clean from a week. I saw passers by, watched the children play, and heard vendors hawking their wares, while I had my unfinished task pending.



The sun rays from the morning sky pierced the window, fell directly on my eyes and I found a dog, lying down at the corner of the road. He was barely moving and was whimpering. I watched him for a while wondering what was happening to him. What were the passers by, the children and the vendors doing?! All of them busy with their lives. So was I.

His mouth was wide open, tongue out and falling onto the ground, limbs stretched to his side. He was moving, trying desperately to eat. My heart sank. Watching the dog trying to eat mud, my heart drowned. Poor dog, why can't anyone feed it?

I approached my dad, "Accha, there is a dog, very hungry, can we give him something to eat?". It required only one person to think of another.

"Ask mummy, we'll might something to give".

One became three when my mom gave me some rice and some meat for the dog. And out came a few others immediately.

Passers-by gave biscuits, vendors gave it water and children gave it love. One became many.

The dog breathed his last that evening. No more pain, no more whimpering, just peace and hopefully love. It only takes one person, and one thought to change someone's life and the moments they have. Be that thought, and be that person.



ECHO FROM THE ARTICLE

” It only takes one person, and one thought to change someone's life and the moments they have. ”

BUNNY

**-A POEM BY
TM SHWETHA MAHESH**

At a game of hopscotch,
Two pairs of innocent eyes met
With three stones to throw,
An unexpected friendship got
set.

Every evening became a routine
of ours,
Hot wheels to badminton, we
couldn't count the hours,
With our hands on steerings
with the fastest wheel,
No velocity can fathom how
hearts would squeal!

With passage of time,
Hopscotch turned to partner in
crime.
From daily gossip to combined
studies,
Bunny and Bubby became
inseparable buddies.

First mobile phone, first novel,
First flight, first fight,
First earthquake, first heartbreak
With him around, it was always
a piece of cake

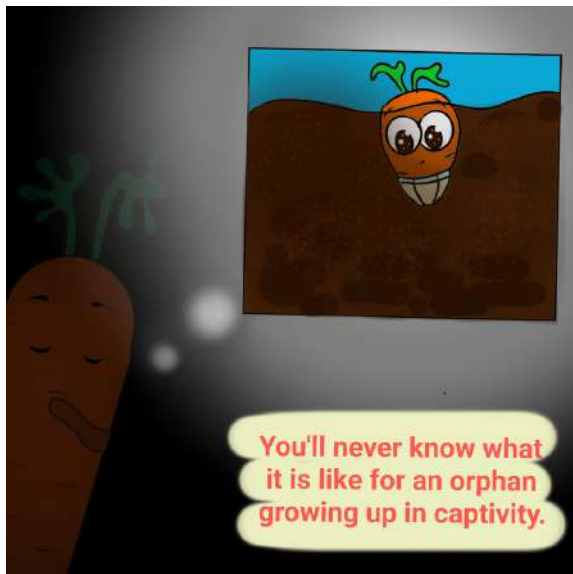


Until one day, the pain became
unbearable
What are you packing in the
hallway?
Raising questions, fear, doubts
and tears
I soon realised he is going miles
away

At first it felt raw, I couldn't
move on
But as sports and new friends
came along
Once again I found hope and
happiness,
Although memories with him
are etched with fondness

Sometimes my convertible feels like a dungeon now,
 Making me want to go back in time somehow
 Although my wardrobe floods with expensive gowns,
 Nothing makes me happier than when I played with him wearing my princess crown

Once a year we try to catch up,
 Soon Facebook gave us an easy way out
 Different thoughts, different memories,
 Sometimes it's hard to define
 But we're just two pairs of innocent eyes,
 Best friends for a lifetime!



COMIC STRIP BY TM CHHAYA AND TM AKSHAY

CHANGE YOUR THOUGHTS, CHANGE YOUR DESTINY

-TM KESHAV N

“Why so Anxious? “

This is the question that pops in my mind whenever I see a teenager these days. What is Anxiety? It's a feeling of fear or apprehension about what might happen. This is how our mind works. The conscious mind is like the Army general and the subconscious mind is like the rest of the army under the General.



The soldiers follow the orders of the Army General without asking any questions or refusing, because he is in charge and they have to obey his orders. Even if the General takes a wrong route or gives out a wrong order, they just follow. That's exactly how the subconscious mind works. It blindly accepts what the conscious mind believes and accepts it as true.

Every single time you tell yourself “I cannot do this”, “I will fail at this”. “This is impossible for me” etc., your subconscious mind immediately gets triggered and sees to it that you will not be able to perform well in whatever you wish to do because mentally you have affirmed your mind that - “you can't do it”. Moreover, It causes various physical changes in your body as well. Fast beating of your heart, heaviness in your footsteps and some uneasiness in your gut.

Ever wondered how some people are able to stay up late at night just by having a cup of coffee?”. It's simply because they have mentally programmed their mind that drinking coffee keeps them awake at night.

A belief. Once the subconscious mind accepts an idea or a thought ,it begins to execute it. That is the law of the subconscious mind. Coming back to our main question. Why are teenagers anxious about everything? The law of our subconscious mind when applied in the negative way is the main reason behind mental conditions like severe anxiety, depression, frustration and unhappiness. We can reverse this by performing a simple counter attack on our mind. This counter attack can be executed by repetition of constructive, harmonious thoughts frequently so that your subconscious mind is re-programmed into accepting these new ideas.

Another main cause for anxiety is because of negative impressions and suggestions that have been made to you in the past. Once you execute the counter attack properly, you will observe a difference in your thought process. The faster you reprogram your subconscious mind, the better. If your conscious mind is kept busy with the expectation of the best , your subconscious will faithfully reproduce your habitual thinking. Just as water takes shape of the pipe in which it flows through, the life principle in you flows through you according to nature of your thoughts. If you are reading this right now, Stop whatever you are doing and tell yourself:

“Beauty, Love, Peace and Harmony are mine,
Perfect Health is mine,
Forever, Happiness will be mine”

Your subconscious mind has received the message. Only time will tell the difference !



ECHO FROM THE ARTICLE

“The conscious mind is like the Army general and the subconscious mind is like the rest of the army under the General”



10. PALETTE BAY

EARTH WITHOUT ART IS JUST EH

-TM RESHUKA JAIN

India is a known for its rich cultural heritage and diverse artforms. Each state of the country speaks a language of its own- not just in terms of speech but also in terms of dance, drama and art. Yakshagana is one such traditional artform, popular in the coastal districts and adjacent areas of the state Karnataka .



It is one of the most popular folk theatre forms of Karnataka. It is noted for its music, colourful costumes, vigorous dance movements, subtle expressions and extempore dialogues.

Yakshagana in its present form is believed to have been strongly influenced by the Vaishnava Bhakti movement. Yakshagana was first introduced in Udupi by Madhvacharya's disciple Narahari Tirtha.

Being an art enthusiast myself, I find art to be extremely cathartic and rejuvenating. I find solace in the expressions, dedication and authenticity with which an artist performs. Yakshagana artists too devote their lives to this vibrant artform and work relentlessly to keep this art alive not just in India but also in other countries.



ARTWORK BY TM RESHUKA JAIN

HOME AWAY FROM HOME

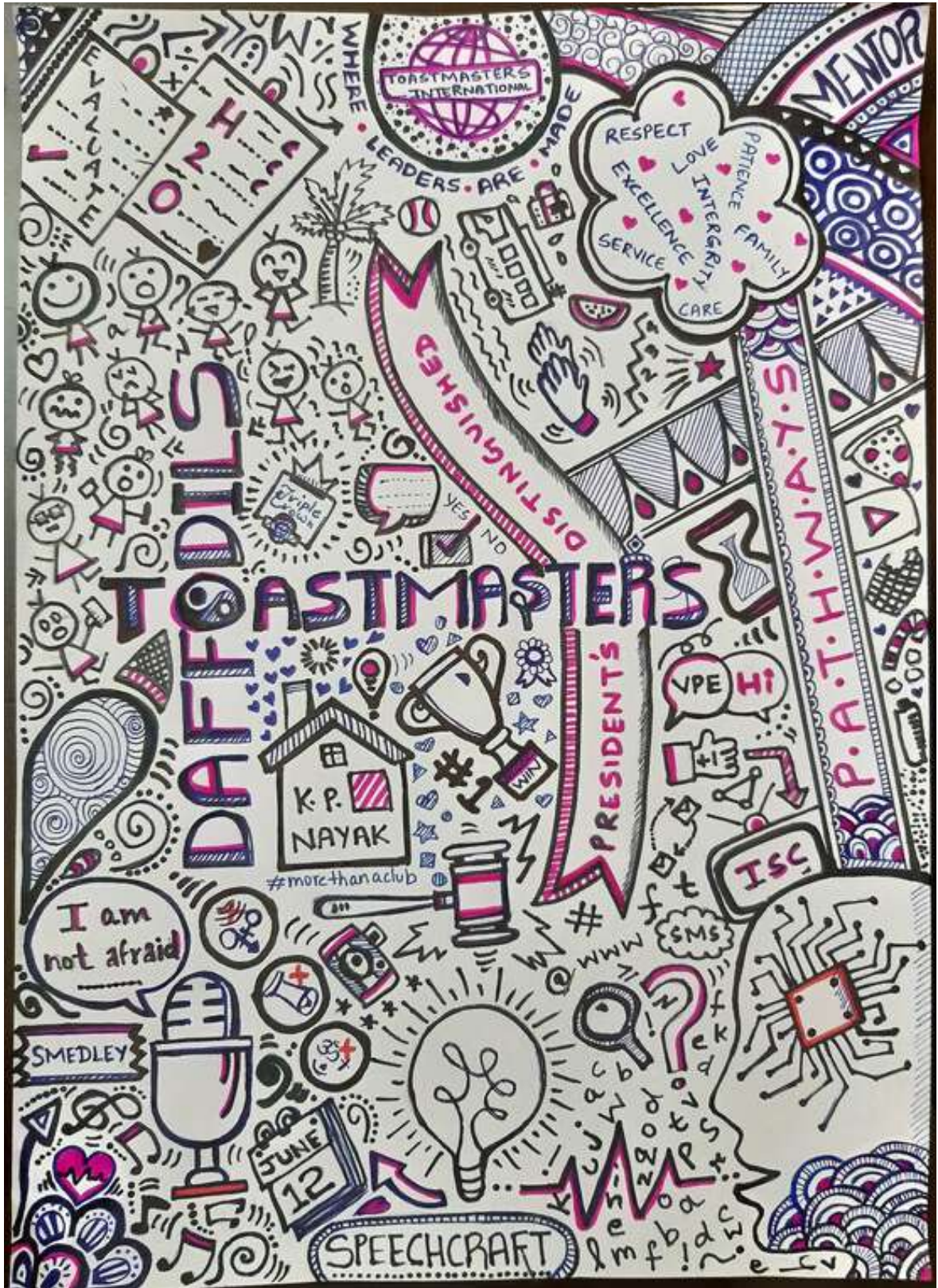
-TM SHWETHA MAHESH

A home away from home! That has been Daffodils for me over the last 4 years.

From finding a voice, learning the nuances of public speaking, understanding the relevance of mentoring, gaining confidence and adding a new branch of personality, it has been one of the biggest learning curves of my life.



To give you all a little perspective into what this family means to me, here is my take on the Best Club in the World, Daffodils Toastmasters Club.



DOODLE ART BY TM SHWETHA MAHESH



11. IN THE WORDS OF THE WORLD CHAMPION

*Featuring
TM Aaron W. Beverly, World Champion
of Public Speaking, 2019*



Aaron W. Beverly



aaron-w-beverly



@aaron_w_beverly



ABEV91788

INTERVIEW TIME!

-TM AARON W. BEVERLY

1) Tell us about your journey from Aaron Beverly to Toastmaster Aaron Beverly, The World Champion of Public Speaking?

My journey in Toastmasters has been about finding the Aaron Beverly that I can share with the world. Something that I suffered from as child to a young adult was a strong lack of confidence. Through Toastmasters, I was able to gain more confidence. I was able to share my stories and my experiences in a safe environment. Through that safe environment, I was able to hone my skills and become better through feedback and repetition of getting up and speaking. When I was able to gain the confidence I was able to then compete in the international speech contest which opened my eyes to a new level of speaking. I've learned how to present myself in an authentic way so that I could connect with my audience through my words and in my stories. I think that was the biggest hurdle that I had to overcome; how to be myself. Once I was able to be myself, it then became easy to create presentations that could reach my audience and connect me to them in a strong way. Now I'm able to present the authentic Aaron Beverly to my audience.



2) What are the qualities that one must cultivate to be the World Champion?

I alluded to it in my previous answer that you really want to establish authenticity. Many people think that you have to have a grand story or you have to have a life changing moment in order to become a world champion. That's not true, at least not completely true. What you need to have is a story and a message that you truly

believe in. You can have a technically sound speech, but something can still be missing. That missing piece is an authentic connection with your audience. Only by having a genuine passion for what you were talking about can you be a world champion. At least that's my approach and my belief.

3) Is there a difference between a contest speech and a regular speech at the club? If yes, what is it?

The biggest difference between a contest speech and the club speech is the level of practice and refinement that you need before you perform. Think of the club as an incubator for your speeches. You use your time on stage to improve those presentations so that you can do them better the next time. There is no need to be too refined; it can be more rough. In a speech contest on the other hand, your speech needs to be a lot more perfected. To be honest with you, there are times where I can come up with a new speech to give in my club the day of the club meeting. However, I would never do that for a contest. For a contest, I would practice a lot more before I even brought it to a competition.

4) What keeps you motivated to become a better Toastmaster?

The biggest motivator for me is progress. I know what I was before Toastmasters. I was afraid of public speaking, I avoided it like the plague, and my fundamentals of public speaking were lacking. I see the progress that I've made over the years. I also set goals for the future. When I set those goals and see myself reaching those goals, that's a huge motivator for me to keep going because I know I'm going to get better and better. When you are progressing in an activity or you're getting closer to a goal, that's a huge amount of inspiration to keep going.

5) Leadership or Communication, which one is more important and why?

Both are incredibly important. However, if you gave me the choice to only pick one, I would say communication is more important because with great communication skills you can become a better

leader. You have many leaders that can lead by example; they don't need words to showcase their leadership.

However, if you have a leader who can lead by example but also motivate the people around them through words they then become an unstoppable force of leadership. I personally believe that Toastmasters primary focus is actually to create better communicators, but I believe the intent is to teach them how to become better communicators so that they can use it in a leadership setting. Communication is a skill that we can apply to leadership to become more effective leaders.

6) If there's one thing you would like to change in Toastmasters, what would it be?

If I could change something about Toastmasters I think I would change the mindset that a lot of people have that speeches need to be a certain way. There are many different styles of speaking. I think sometimes many Toastmaster members limit themselves to a certain style. When they receive something different it's rejected because it's not the "Toastmasters way." A big example of this is the international speech contest. You have a lot of speakers who will use a certain style that's very robotic or overly dramatic with cookie cutter stories they believe the judges want to hear. Very few people will try something different because they don't think it can win. People tend to think it can't win because that's what other members are telling them can or cannot win. That mentality needs to change. I believe you can find a middle ground where you can try out techniques and methods that are different, but still make it palatable to a Toastmasters audience.

7) Daffodils as a club aims at seeing our members on the International Stage. What's your advice for us?

It all comes down to the individual. What message do they really want to share? That's the question they have to answer first. Once you have that answer, you need to build on your fundamentals of speaking. Look at the speech criteria of the speech contest and see

what are the judges looking for when you speak. Master the fundamentals in which that criteria is based. Next, and this one is extremely important, do not focus on the win; focus on the growth. I won the world championship of public speaking the one year I decided that I was not going to make the world championship a goal. Instead, I made a goal every single round of the international speech contest around my own growth as a speaker. That way, no matter the result, I was able to win because I got better as a speaker. If you focus on growth and you keep going at it eventually the trophies will come. You have to be patient though. I've been in Toastmasters for 10 years and competed for eight of those 10 years.

8) What's your favourite part about India? Which is your favourite Indian dish?

I've been to India twice now. And both of my visits one thinks that out and that was the people. Both times I've been in India I've been received extremely well. I love engaging with people who are welcoming and warm and kind. I've visited some beautiful sites, however nothing beats engagement with quality people. That is why my last visit to District 98 is one of my favourite trips that I've ever taken. As far as food goes, I would say that I love anything that's cooked tandoori style (especially chicken). However, I am also a fan of butter chicken, and chicken biryani. As you can tell I like chicken a lot.

9) You have won the World Championship, what's next for you?

I plan to give back. There are a lot of people who wish to have quality public speaking education, but usually it's priced too high for them to consume. That is why all my social media accounts I will do my best to deliver free quality public speaking education to those who want it most. I will be releasing this content on all of my social media platforms (YouTube, Facebook, Instagram, LinkedIn). I may not be able to coach people one on one but I can try my best to help as many people as I can through video and social media. That is my new mission. And as you know when I have a mission, I take it very seriously.

12. EXPERIENCE ZONE

THE TRAVELLING TOASTMASTER

-TM SIRILATHA

The sacred mountain among Bon, Buddhism, Hinduism and Jainism is Mount Kailash which is set at an elevation of up to 19,500 feet above sea level in Tibet. The mountain is located near Lake Manasarovar and Lake Rakshastal, close to the source of some of the longest Asian rivers: the Indus, Sutlej, Brahmaputra, and Karnali also known as Ghaghara (a

tributary of the Ganges) in India. Kailash Manasarovar Yatra is one of the most arduous treks that covers high altitudes in Trans-Himalayas in freezing temperature.

The travel to the Kailash Manasarovar started from Nepal Gunj where we boarded a charter flight in the morning to Simikot (a beautiful village which can be reached only by flight or helicopter). From Simikot we took a helicopter to Hilsa which has Karnali River that runs beside it. The Government of Nepal operates a customs checkpoint in Hilsa. We then traveled by road around 56 kilometers (35 miles) up the Karnali to Burang/ Purang Town in Tibet, known to Nepalis and Indians as Taklakot. It is the main staging point for excursions to the holy Manasarovar Lake and Kailash Mountain. Our journey by road continued to reach Rakshastal / Ravantal (15,010 ft. above sea level), salty water lake that has no aquatic plants or fish, and is considered poisonous by the locals. The white cobbles, the hills and the deep blue lake water present another distinctive picture which one would not find in other places. We traveled a few more kilometers to reach holy Lake Manasarovar (15,060 ft. above



sea level), the highest freshwater lake in the world, said to be the personification of divine purity. The colour of the water changes as per the day light. Both the lakes are shaped as a crescent, regarded as "brightness" (Manasarovar Lake) and "darkness" (Rakshastal).

We completed a parikrama (a trek around the Lake) of Manasarovar and headed towards Kailash Mountain. We reached Darchen, small village in Purang County of the Tibet Autonomous Region of China; previously known as Lhara. Darchen is situated right in front of the sacred mountain, Mount Kailash. From Darchen, by road we reached Yamadwar, a starting point of the Kailash Mountain parikrama. We began our trek which was very difficult with bright sunlight and -9 to -15 degrees Celsius temperature. The oxygen level started going down as we reached higher terrain of the mountain making every step a most difficult part of the journey. We finally reached Dirapuk (18,000 ft. above sea level) to witness the magnificent and mesmerizing Kailash Mountain. This has been a trek of a lifetime, definitely a life-changing sojourn!



KAILASH MANASAROVAR

REVIEW OF A BOOK, "THE GODFATHER"

-TM SUNITA PATRA

This book outlines the narrative of the Godfather Trilogy that sets the precedent for American Gangster genre in Hollywood. A trailblazer in its narrative style, the book remained on The New York Times Best Seller List for 67 weeks and sold over nine million copies in two years. Published in 1969, this book is revered by critics worldwide for its



rich imagery, its vivid description of Italian Mafia customs, its legacy for covering a generational bequeathal of leadership ideals from a father to a son, and for inspiring generations of film-makers worldwide, who viewed this as a gold standard.

The book chronicles the life of a fictional Italian Mafia Family from 1945 to 1955. Don Vito Corleone, known as the eponymous "Godfather" is the central character; whose life and ascent to power as an Olive Oil businessman with significant influence in New York's Mafia landscape is tabulated here. The Don is revered and feared by people from all walks of life – politicians, bureaucrats, lawmakers, and other Mafia families. The Corleone Family along with 4 other Italian families hold powerful stakes in various capacities in New York City.

The first few pages portrays the points of view of three distinct characters who desperately want to seek out the Godfather for counsel. As each of them uniquely and individually resonate that visiting the Godfather is the only solution, you will ponder as to who this Godfather is and how is it possible for the Godfather to help them transcend over their impossible situations.

That sets the tone for the rest of the book.

The narrative shifts to an Italian wedding in New York, where the Don's influence is painted with detailed description of the crowd. The Don's Sicilian heritage is delineated through the lens of his son Michael Corleone, who is entertaining his American girlfriend.



Through his perspective, we get a panoramic view of how the Don operates. The essence of the Godfather's famous catchphrase –“I'm getting to make him an offer, he can't refuse” is also described. As Kay Adams, Michael's girlfriend, notes the strange behaviors of a few men eager to seek counsel from the Great Don, we get glimpses into how the Godfather has built his empire.

Nail-biting, turbulent, highly entertaining and eye-opening, it moves at breakneck speed sucking you into the midst of the ongoing action. A blood saga at its core, but sprinkled with family values it covers a range of emotions. As you turn over the pages, you will uncover secrets, surprises, blackmail, Mafia values and operations, murders, horrors, some peace and finally closure to this epic saga that still shocks after fifty years after it was first published.



OUTDOOR MEETING EXPERIENCE: CHIKMAGALUR

-TM JEEVAN R K

Early morning at 5am, our journey began towards Chikmagalur, I always believe that travelling is a way for making more friends so that I was connected with Daffodils Toastmasters club.

Around 7-8 hours of bus journey made me bag good memories and I got to know a lot of the Toastmasters.

Together we danced, spoke to each other and had food with each other. After reaching the home stay at around 2 PM, we were welcomed with traditional food. After leaving Bangalore for 2 days with the intention to enjoy, we had a great time at Chikmagalur. We played games like cricket which reminded me of my childhood, football, volleyball, badminton etc. Normally club meeting every Saturday, starts from 6pm to 8pm but on the trip day it happened at night time around camp fire surrounded with chairs. We were served drinks and snacks. Music was played to entertain us.

The meeting was special this time because every member got a chance to speak and grab a gift on demand by showcasing their talent. It can be singing, dancing etc. On the next day we trekked to a nearby coffee estate. There was cool weather and a slippery path which made us nature lovers. Crossing the bridge was really entertaining.

Finally, this journey helped me to stay away from the digital world. I must thank Daffodils Toastmasters club especially Amrutha, Akshay and Kishan for perfect top level management of the trip.



SPEECHCRAFT COORDINATOR'S EXPERIENCE

-TM MAHESH VITTAL RAO

The responsibility entrusted upon us as chief coordinators (Chetan, Umanath & Mahesh) for Speechcraft Articulate 1.0 was truly a blessing in disguise. This activity helped us to develop & learn many a leadership qualities few of which are as mentioned below.



1. The Importance of Timelines - When to start the sessions, by when we need to have the targeted number of participants registered, getting confirmation of Educational speaker's availability to conduct sessions. We learnt all of these and many such timelines were necessary else, the target keeps moving & is never realised. We learnt it matters to make small & incremental progress.

2. Marketing - This was important for us to sell our ideas to gather interest of people to participate in the session - We regularly brought this topic in every weekly meeting, published posters across various networks of clubs, friends & colleagues.

3. Convincing skills - When people pay money, they are very particular to understand & have several questions to understand what they will get in return. We learnt how to convince them while we briefed them on the benefits of their enrolment.

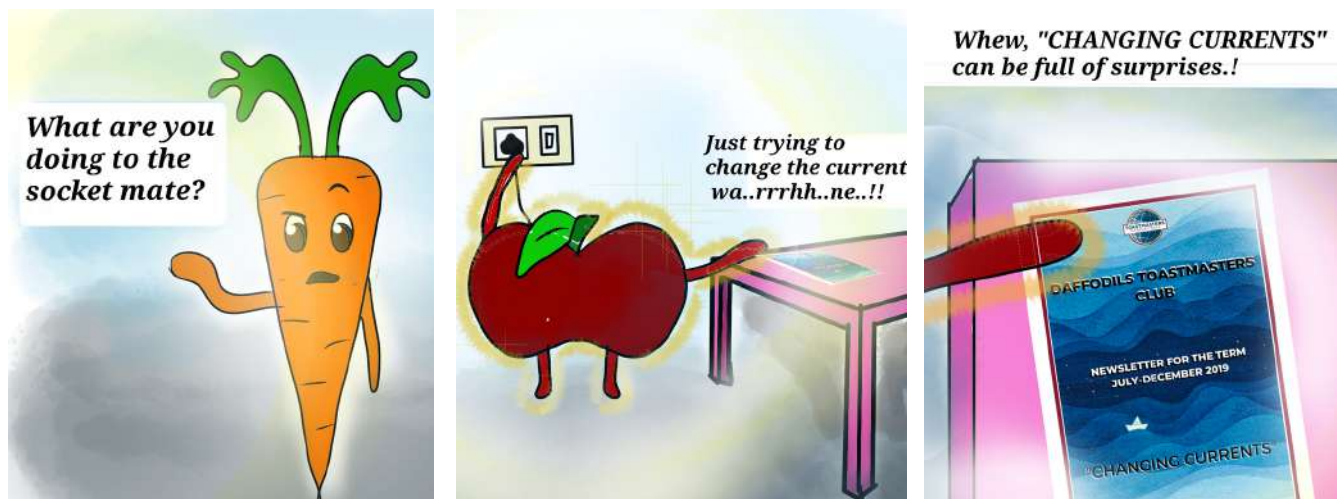
4. Patience - When we made cold calls to people, there were instances of people on the other end having reacted with a roughshod response. This journey helped us to learn how to stay calm & composed, but still gently continue with the conversation.

5.Importance of Delegation - With lot of work including co-ordination with educational speakers, reaching out for participants, arranging posters/stationeries/publishing, minutes/learning/follow-up with participants and much more tasks, taking it up wholly by one or two is too much. This helped us learn the art of delegation & follow up to track progress.

6.Co-ordination skills - As moderators being the face of the club, every activity requires skillfull co-ordination. Right from reaching out to members for mentoring, associating mentors with Speechcrafters, planning of various role takers for subsequent meetings all these required lot of 1:1 & 1:Multiple co-ordination.

7.Building Bonds & Including Feedbacks - Building a long lasting bond with the participants is vital. Being transparent & approachable was important for listening to audience experience, take feedbacks and adapt coarse corrections in the program to ensure maximum benefits to the participants.

Overall, by the end of this session, the learning as moderators is long lasting & helped us transform as leaders of tomorrow.



COMIC STRIP BY TM CHHAYA AND TM AKSHAY

13. STROLL DOWN THE MEMORY LANE

Installation ceremony: July 6, 2019

On the 6th of July, we celebrated the 34th Installation Ceremony of our club at KSCA Club House with pomp and joy. The unforgettable evening had a keynote session by , a stand up comedy by and heart rendering speeches by our IPP TM Shree Nidhi and President TM Anish followed by recognition and a scrumptious cocktail dinner.



TLI: July 14, 2019

Our members attended the Toastmasters Leadership Institute and Club Officers Training programme in full strength to acquire information and a better understanding of the Toastmasters programme. It was a memorable day as three of our esteemed members, TM Shwetha Mahesh, TM Umanath KT and TM Kiran Gupta won the Triple Crown Award



Independence day and Dandiya night: 17 Aug, 2019

As proud Indians, we took a flashback to the fighters who have given us freedom and the rights to be able to speak today. Dressing up in Indian attire, the club was filled with patriotism and pride for our nation. We later continued the celebrations at Sheraton Grand by dancing to the tunes of Bollywood.

**Live screening of WCPS: 24 Aug, 2019**

Happily in the comfort of our dear Dr Nayak's home, we got together to watch the most awaited WCPS, 2019 all throughout the night cheering for our favorite speakers and sharing our thoughts on the same!

Intra club glitterati contest: 31 Aug, 2019

Contests always bring out the best in us and this time, it was no different. In a competition of team work, time management and innovation, we witnessed TM Akshay, TM Chirag and TM Kishan emerged as winners!

Intra club humorous speech contest: 5 Oct, 2019

As much as we love to speak, we also love to make other laugh. That Saturday saw a full house at our club with over 10 contestants battling each other trying to make the members laugh. Finally we had TM Akshay emerge as the winner!

Educational session by DTM Geetha Prasanna: 19 Oct, 2019

An informative take "Dress to Impact"

Karnataka Rajyotsava: 2 Nov, 2019

On the special occasion of Karnataka Rajyotsava, the club decided to light the Kannada lamp and ignite the spirit of the state with a meeting spoken in the native language, Kannada.

**Outdoor Meeting in Chikmagalur: Nov 16 and 17, 2019****Educational session by TM Mathew Verghese :Nov 30, 2019**

A detailed session on the "Techniques of Evaluation"

Intra club Evaluation contest: Dec 14, 2019

It was a breath taking contest with 15+ contestants out of which TM Shree Nidhi Madhusudhan emerged as the winner.

Christmas celebrations: 21 Dec, 2019

The end of 2019 was celebrated with the whole family coming together for Christmas with happiness and love in their hearts, warmth in their souls. To make the evening more merry, a fun game of secret santa was played so everyone could go home with gifts to make the evening more special.



14. MEMBER TESTIMONIALS

“

Daffodils is always filled with warmth and love from the moment you enter it. It is a place where you can find cool people, awesome speeches and great networking opportunities for anyone seeking it!

”

-DTM NIKHIL RAO

“

Of all the wonderful work done, I particularly loved the unique touch added to the special meetings on Kannada Rajyotsava and Christmas. Overall, great job done by the committee.

”

-TM JAGADEESHWARAN

“

This whole term has been exciting for me. Apart from the opportunity for giving me a slot to deliver my speech, I specifically want to thank the committee for giving me opportunities to take up different roles. These roles opened up the door of communication I never imagined.

”

-TM ARJUN S

“

Last 6 months was a wonderful experience, I got to learn a lot of stuff! The committee helped in taking new roles which I was hesitant in, it gave me more confidence! The club outing was the best...!! Loved it...!!!! Great initiatives my the coordinates who kept us entertained, the whole journey , really nice..! PR team was amazing, really nice innovative stuff they got ...!! From videos to poster's and especially DNA..! GREAT JOB.

”

-TM CHIRAG HEGDE

“

About the term: It was an amazing experience. All the stuff we had from dandiya to trip outing. Fantastic was the role of VPPR, really crazy videos

”

-TM KAVYA SRINIVAS

15. WELCOMING THE INCOMING COMMITTEE



Term Jan-June 2020

- President: TM Shriyanka N Rao
- Vice President Education: TM Kishan Kumar
- Vice President Membership: TM Aashish M
- Vice President Public Relations: TM Chirag Hegde
- Secretary: TM Sunita Patra
- Treasurer: TM Sadashiv Pujeri
- SAA: TM Abhishek Rai
- IPP: TM Anish D'Souza

**CONGRATULATIONS AND BEST OF LUCK TO THE INCOMING
TEAM!**

**WE HOPE YOU SET NEW BENCHMARKS AND TAKE THE CLUB TO
GREATER HEIGHTS.**

16. NEW RECRUITS!

HERE'S THE LIST OF THE NEWEST DAFFODILIANS

- 1) TM Abhishek Rai B
- 2) TM Amogh Prasad
- 3) TM Ashwini Anand
- 4) TM Chethan Shivarama
- 5) TM Ekta Anand
- 6) TM Mamta Solanki
- 7) TM Kavya Srinivas
- 8) TM Reshuka Jain
- 9) TM Saurav Prasad
- 10) TM Sunita Patra
- 11) TM Vivek Nagpal
- 12) TM Syed Nayath Sudabi
- 13) TM Vaibhav C
- 14) TM Vinayak Boodi
- 15) TM Sadhashiv J Karanth
- 16) TM Manoj Kumar
- 17) TM Jeevan R K

WELCOME



**A WARM WELCOME TO ALL THE NEW MEMBERS!
CONGRATULATIONS ON BECOMING A PART OF DAFFODILS
TOASTMASTERS CLUB**

17 .GALLERY





**HERE'S TO A GREAT
JOURNEY OF FUN AND
LEARNING!**

#REMEMBERWHY